Drawing on Nature: Some ideas and links to get you started.

Nature Journaling is a useful way to practice observing and recording (excerpted from Keeping a Nature Journal, by Clare Walker Leslie, Charles E. Roth)

What is nature journaling?

Nature journaling is the regular recording of observations, perceptions, and feelings about the natural world around you. The recording can be done in a variety of ways, depending on your interests and purpose. Some people prefer written prose or poetry, some through drawing, painting or tape recording.

Why keep a nature journal?

Many people keep journals to explore their own creativity and express observations and experiences of the world more fully. Some keep journals to record information and data about a place they may visit many times. They keep journals to help improve and sharpen writing skills, and in the process learn to observe better. Drawing is used as a prime record-making tool because drawing and observing are mutually reinforcing activities.

Tools to get started:

Journal Most folks prefer the hardbound blank books that come in various sizes. Zip lock bags make handy journal protectors & can hold your drawing supplies too.

Pencils and Pens Pencils in a variety hardness from hard to soft. Colored pencil sets are convenient for adding color to a sketch. Pens make wonderful line and contour drawings and some people prefer them for writing. Ball point pens are generally weatherproof and are easily replaced.

Technical drawing pencils These are always ready when you need them, never needing sharpening.

Entering Observations: Basic Information for each entry - To get you started, if you cannot think of anything else to write or draw.

In either the upper right- or the upper left-hand corner of your page record the following, using both written word and illustration, as appropriate and desired:

- 1. Date/Time. Date establishes the season and month in relation to the year. Time. Sometimes this can just be "mid-morning" or "late afternoon
- 2. Location. Where are you? Town and State? Park, campground, trailhead? If you know your Latitude and Longitude (coordinates), record them.
- 3. Weather. Weather conditions affect the activity of most living things. Record such things as wind speed and direction, barometric pressure, cloud patterns & clouds
- 4. Temperature.

with Roth, Charles E

- 5. Plant and Animal List. Feel free to use Common or Scientific (Latin) names.
- 6. Habitat, the general environment you are in, such as wetland, forest, river, etc.

Once you record this basic information, spend some time observing the ground, things at eye-level, overhead observation, and soak up the whole landscape you are in. You will naturally focus on the things that you find most interesting, but as you expand your awareness, you will begin to see things you have never noticed before. Using all of your senses to make observations, use your writing and sketching skills to bring those observations to life in your journal.

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